

Our Pace



INSIDE

Page 5-7

Celebrating our volunteers

Page 8

Meet SA Olympian Margaret Messenger





MAYOR'S MESSAGE

Where would we be without our wonderful volunteers?

We'd live in a much poorer society – not only poorer financially, but poorer in community spirit, which our volunteers bring with them in spades.

Over the past year, more than 300 people from our community donated in excess of 46,000 hours of their time to the community. That's equal to about 980 hours each week.

The monetary value was estimated to be equal to \$2.1 million if they were paid positions.

Without volunteers we wouldn't have life savers on our beaches or weekend BBQs at our sporting clubs, and our nature reserves and dunes wouldn't be so healthy and thriving.

Our endangered Hooded Plovers would be in even more danger without the ever-present Birdlife Australia volunteers keeping watch. And what would happen to our social groups and activities that provide interaction and inclusion for our elderly residents?

We're fortunate in Holdfast Bay that the desire and willingness to help others has always been very strong – and this value which we hold so dear was certainly one of the shining lights during the COVID pandemic.

But like many other organisations that rely on the support of volunteers, we'd love to have more.

I have seen first-hand at my own children's school just how much they love to see their parents – or grandparents – involved. Even if it's just helping out at a sausage sizzle, in the canteen or coaching a school sports team.

It all makes a difference.

Next month, we'll celebrate this special group of people – our volunteers – during National Volunteer Week (15-21 May).



And in this edition of Our Place, we profile some inspiring volunteer stories to highlight the amazing work they do.

You might also recognise a few faces in the photo montage on page 5, which shines a spotlight on some of our valued members of the community, knowing there are hundreds more who are out in the community every day, doing their bit to make someone else's life better.

So to finish off, my message to all of our volunteers is simply this – thank you.

Amanda Wilson Mayor, City of Holdfast Bay



Meet artist Sair Bean, who, along with 15 young, local artists, has transformed Seacliff's Zig Zag ramp with a bold splash of colour, as part of an SA Youth Week initiative.

Read more and meet all the artists here: holdfast.sa.gov.au/youthweek



TECHNOLOGY IN PLAY IN GLENELG OVAL UPGRADE

The next step in the upgrade of Glenelg Oval has taken place with the installation of an electronic LED scoreboard.

The new scoreboard brings Glenelg Oval into line with other SANFL grounds. The scoreboard allows for easier viewing in all light conditions, on screen sponsor opportunities and even video replays.

The upgrade is part of the

stage 3 and 4 of the Glenelg Oval Masterplan, which is progressing this year with the construction of a new playground plus enhanced spectator viewing area with DDA-compliant (Disability Discrimination Act) access and new public toilets, including a DDA toilet.

Follow the project at yourholdfast.com/glenelgoval



Books for free - and a whole lot more



Did you know we have more than 44,000 books across our collections at both the Brighton and Glenelg libraries – and they're all available for you to borrow and read. But that's not all.

Aside from books, you can borrow DVDs, CDs, magazines and toys with more than 170 items in the toy collection across both library branches.

And everyone who holds a SA library card has access to all the books across public libraries in South Australia. That means with your Holdfast Bay library card, you could potentially access more than 2.2 million books.

With your library membership card, you can also listen to 170,000 songs, 23,000 audiobooks and watch 16,000 movies via the various digital platforms and apps available through the public library network.

Plus our libraries hold hundreds of events each year, for toddlers to grown-ups and everyone in between.

Visit the Brighton or Glenelg Library to get your own membership card – and best of all, it's free.

GO GREEN AND GET A REBATE

The list of products that residents can receive a rebate for has grown and now includes switching household appliances from gas to electric and installing an electric vehicle charger.

Residents can receive a rebate of up to \$200 when upgrading to energy efficient electrical appliances or installing an electric vehicle charger.

While funds last, households and businesses can receive one rebate per financial year.

See the full list at holdfast.sa.gov.au/rebates



Sign-up to our free e-newsletter to stay up-to-date and informed.

> holdfast.sa.gov.au/ holdfastnews



PLAYGROUP A HIT AT ALWYNDOR

The much-loved Tots at Dots intergenerational playgroup has returned to Alwyndor and has proven to be a hit with residents and attendees alike.

In partnership with Playgroup SA, this unique offering provides preschoolers and Alwyndor residents the chance to play together in a safe, engaging and enjoyable way that is equally beneficial for all involved.

Tots at Dots is held at Alwyndor every Monday during the school term, from 10am-11.15am.

alwyndor.org.au

3

VOLUNTEERS



Now until 30 April 2023

SUMMER FUN FOR EVERYONE EXHIBITION

Now until 18 June 2023 Bay Discovery Centre Glenelg Town Hall

ANZAC DAY DAWN SERVICE

25 April 2023 Arch of Remembrance, Brighton Moseley Square, Glenelg



GLENELG AIR-RAID SHELTER25 April 2023 (ANZAC Day)
11am - 1pm



NATIONAL RECONCILIATION WEEK

27 May - 3 June 2023

BRIGHTON WINTER SOLSTICE

24 June 2023 Jetty Road, Brighton



History of South Australia from a First Nations Perspective

Do you ever wonder why Aboriginal South Australians can't just 'get over it'? Step into the shoes of those who lived during South Australia's colonisation and explore the perspectives of six Aboriginal nations since European arrival on Australian shores. Journey through the immense impact this had on social, economic, cultural, spiritual and environmental wellbeing for Aboriginal nations. Please note this is an immersive workshop that can be confronting at times.

18 May 2023, 1pm - 5pm Kauri Sports and Community Centre, Lipson Ave, Seacliff \$70 per person



Mansions of Glenelg Walking Tour

By the mid-1880s the sand dunes of Glenelg had long given way to the summer residences of wealthy South Australians. Discover the stories behind some of Glenelg's finest, such as Seafield Tower, Glenara, Stormont and Albert Hall.

Bookings essential. 2 May 2023, 10am - 11.30am \$10 per person

William Kibby VC Veterans Shed Open Day

William Kibby was awarded the Victoria Cross for his service and sacrifice during the Second World War. See what is being achieved to honour this remarkable man. Enjoy a sausage sizzle, coffee and cake while you stroll in the peaceful memorial garden and see the Remembrance Wall.

21 May 2023, 11am - 3pm Kibby Reserve, Glenelg North (located behind Glenelg North Community Centre)



More information and bookings for History Festival go to holdfast.sa.gov.au/history-festival









































































Meet the Wednesday Gardening Group

Once a week, this group of enthusiastic gardeners - led by Council volunteer Kinda Tabbaa-Snyder - get together at the Holdfast Bay Community Centre. And with their hats and gardening gloves on, they get to work.

Known as the Wednesday Gardening Group, the five



participants from disability service provider Minda, have built a flourishing vegetable garden and carry out other maintenance tasks like pruning and weeding.

With assistance from support workers and volunteers, and with Kinda guiding them, the group has spent up to three hours a week in the garden since they first got together in October 2022.

"I have a background of working with people with disabilities, so I got involved in this group," said Kinda, who's been volunteering with Council since 2017.

For the group, it's not just about gardening. Kinda says for the participants, it's about creating relationships and working with other people. And what they've managed



to grow in the garden beds has been an added bonus for the wider community.

"We prepare boxes (of produce) for rough sleepers and we did that during last Christmas," Kinda said.

Here's just a few to consider:

Would you like to volunteer within the community, but not sure how or where?

Join our team of volunteers

We have a wide range of opportunities for people to get involved in the community while building their own social connections. From history to home maintenance, there's a volunteering opportunity to suit you.

Find more opportunities at holdfast.sa.gov.au/volunteer or call our Volunteer Services Coordinator on 8229 9882.

- Alwyndor residential and home support services
- Bay Discovery Centre museum guides
- Community Bus drivers
- Personal Transport providers
- Social Support for older people
- Home library helpers
- Justice of the Peace (IP)

VOLUNTEERS

Rebekah's story ...

How volunteering has brought her joy after a life-altering accident

Volunteering has always been part of Rebekah's life.

"Over my lifetime I have always tried to give back to the community a little bit, including volunteering with St Johns," she said.

A life-changing car accident five years ago, which resulted in an acquired brain injury, forced Rebekah to make significant changes to her life. But she's still found a way to volunteer in a role that is both rewarding and

"I don't feel like I'm giving anything as much as (volunteering) is giving back to me," Rebekah said, after joining the Holdfast Habitat Heroes 18 months ago.

"It's like if you're in a bad mood or feeling unhappy, they say the best thing to do is go and do something nice for someone, because it'll give you a glow from the inside.

"That's what volunteering does for me...the wellness, the feeling I get from volunteering, it is just amazing... I love it."

Rebekah first heard about the environmental volunteer group through a friend who's been volunteering with Council for more than 15

The challenge though for Rebekah was finding a role that would be the right fit - and allow her the chance to give back to the community, while not being too taxing on her.

"My day off from work is my downtime day where my brain can decompress and come down from the stresses of working... but while it's supposed to be a rest day for me, I felt like I wasn't making full value of it,"

"My friend Annie suggested the Holdfast Habitat Heroes could be the perfect fit for me...I don't have to talk to people, I'm with plants, I'm giving back."

The frequency of volunteering every fortnight, for two hours at a time in the great outdoors, also suits Rebekah without being overwhelming.

"Habitat Heroes is like a therapy session for me for two

learning," she said.

"With the Habitat Heroes group, everyone is friendly and quite social if you want it to be, but I don't need it

"If someone's talking too much, and my brain is becoming overwhelmed, I can just move onto weeding somewhere else.

"It's just a win, win, win!"

Rebekah encouraged others in the community to consider giving volunteering a go.

"People might not know that volunteering is good for them, but I would encourage them to give it a go," she

"Before you know it, you will learn that it will be a fulfilling part of your life.



MAJOR PROJECTS

If you've been to Margaret Messenger Reserve (next to Glenelg Oval) and wondered who it was named after - this is her and

The real-life Margaret Messenger is a long-time Glenelg resident and Olympic Games gold medallist.

It was because of Margaret's performance in the pool at the 1956 Melbourne Olympics – in the 4×100 m relay race with teammate Dawn Fraser – which led to this reserve being named in her honour.

"Dawn and I were in the team together and were the best of friends – and are still best friends," Margaret said.

Margaret Messenger Reserve was unveiled officially on 31 October 2004. Almost 20 years later, it's something that Margaret and her family - including 12 grandchildren – are still very proud of.

"I'm sure they are very proud of the fact that their grandmother has a park named after her. And it is fun for me when people visit here and it comes up in conversation - they say to me, 'there's a park named after you'," Margaret said with a laugh.

"It used to be the women's croquet club and when (council) decided to turn it into a reserve, somebody put my name forward and they decided to name it after

"It was a long time after the Olympics, so it was bit of a shock that they even remembered who I was but I was extraordinarily honoured and I felt quite proud of that fact that my sporting record was being recognised in Glenelg."

In the coming 12-18 months, the reserve will be undergoing a much-

What's in a name... **Meet Margaret Messenger** HOLDFAST BAY MARGARET MESSENGER RESERVE P 8229 9999

needed makeover, as part of the Glenela Oval Masterplan.

The basketball court will be reconfigured and upgraded, fitness equipment will be installed, new trees will be planted and there'll be better access and connection to Glenelg Oval. A playground will be built in the north-east corner of the oval, which will flow into Margaret Messenger Reserve.

Above: Margaret Messenger today Top right: Second from left in 1956 Right: With Dawn Fraser

One thing that won't change is the reserve's name, which Margaret is happy about.

"I was told about the plans for the reserve and I thought it was lovely ... the reserve has been neglected in the last few years and it is nice to think that (council) is not forgetting about it and that gives me an enormous amount of pleasure," she said.

"It will continue our family's connection in Glenela through another generation and I feel very happy about it."

Margaret's personal connection to Glenelg goes back many decades



and she still lives, and swims, locally to this day.

She was barely a teenager when she was first spotted swimming at Glenelg beach by instructor Spencer Major – which eventually led to her becoming an Olympic athlete when she was 18.

"It happened by chance...I honestly don't think I knew much about the Olympic Games when I grew up," she said.

"And it was quite serendipitous that

I started swimming and Spencer saw me down the beach and said to me, 'I could make you a swimmer'."

Margaret's late husband Jack Messenger was also active in the local community as a councillor and then residents' group spokesperson.

But the family's ties to Glenela and the Holdfast Bay area date back to the early 1900s, if not earlier.

"My mother's father was a very prominent businessman in Glenela and he developed the Glenela Shopping Centre, at the corner of Colley Terrace and Jetty Road when his father bought it in 1905, it was a very tiny restaurant," Margaret said.

"My grandfather also built the Strand Theatre, the Seaview Theatre and had an open-air theatre behind Moseley Square.

"My great-grandfather had an open-air theatre on the beach and bought the land which is now the Glenela Golf Links."

Margaret's Olympic glory was spotlighted during the torch relay ahead of the 2000 Sydney Olympic Games when she ran the leg of the relay through Glenelg.

"That was very exciting and all my family were there including my grandchildren, who wore t-shirts which had written on them 'My Nanny is an Olympic torch runner'," she said.

"We just love it here, it's been our

Read more about the Glenela Oval Masterplan at yourholdfast.com





Shining more light on Jetty Road, Brighton

Jetty Road at Brighton has received a lighting makeover – with not only aesthetic benefits, but environmental too.

LED globes, which are up to 82% more energy efficient than existing mercury vapour lamps, have been fitted to 15 light poles along the western end of the street.

In addition to the change in globes, work has been undertaken around the street's commercial precinct to improve ambient lighting on footpaths.

More than 30 LED solar bollards were installed on both sides of Jetty Road, to increase ambient lighting at the footpath level, in a bid to improve visibility and accessibility.

Dene from Council's Field Services team installing one of 30 solar bollards on Jetty Road, Brighton.

The majority replaced existing bollards with 14 new solar bollards added to the streetscape.

The change to LED lights along the street is part of Council's overall plan, in partnership with SA Power Networks, to fit LEDs into all 2,550 streetlights across the entire city.

The new LED lights use a fraction of the power at only 14 watts and have already reduced the amount of power used by our streetlights by about half.

As detailed in Council's

Environment Strategy, there has already been a 13.6% decrease in Council's CO2 greenhouse emissions through changing streetlights to LED. This is equal to about 259 tonnes of emissions.

The street lighting system has been tested to ensure the LED globes meet relevant Australian Standards for safety and light levels.

The old streetlights that have been removed will be recycled responsibly to prevent heavy metals, such as mercury, and other hazardous substances entering landfill.



WASTE

If it grows, it goes

Remembering what items can go into your household green-lid FOGO bins is easy – if it grows, it goes.

That simple saying applies not only to food but also nail clippings, hair and even pet fur and pet waste.

Meat, bones, eggshells and dairy are other food products that can be recycled through household FOGO bins, along with:

- Coffee grounds, tea bags, loose leaf tea
- Cold ash and charcoal
- Shredded paper and sticky notes
- Egg cartons
- Pencil and other wood shavings

If in doubt, visit whichbin.sa.gov.au/tips

Once collected, households' food and garden organics are taken to Peats composting facility and turned into nutrient-rich compost, soil and mulch products.

Across Holdfast Bay, more than 75 per cent of households have supported the move to weekly FOGO bin collections since it came into effect citywide in September 2022.



ELECTED MEMBERS

BRIGHTON WARD



Cr. Jane Fleming 0421 084 696 jfleming@holdfast.sa.gov.au



Cr. Robert Snewin0408 077 180
bsnewin@holdfast.sa.gov.au



Cr. Anthony Venning 0416 052 425 avenning@holdfast.sa.gov.au

GLENELG WARD



Cr. Rebecca Abley0433 421 457
rabley@holdfast.sa.gov.au



Cr. Allison Kane0413 042 639
akane@holdfast.sa.gov.au



Cr. Bob Patton 0419 991 892 bpatton@holdfast.sa.gov.au

SEACLIFF WARD



Cr. Annette Bradshaw0418 831 834
abradshaw@holdfast.sa.gov.au



Deputy Mayor Clare Lindop 0417 507 954 clindop@holdfast.sa.gov.au



Cr. Susan Lonie 0417 811 067 slonie@holdfast.sa.gov.au

SOMERTON WARD



Mayor Amanda Wilson

awilson@holdfast.sa.gov.au

0423 545 242

Cr. William Miller 0430 315 378 wmiller@holdfast.sa.gov.au



Cr. Monique O'Donohue 0408 081 935 modonohue@holdfast.sa.gov.au



Cr. John Smedley 0419 822 541 jsmedley@holdfast.sa.gov.au

10



Seaside living and services

Supporting Adelaide's southern metro community to live healthy, engaged and fulfilled lives.

Therapy & Wellness

- Physiotherapy
- · Group classes
- Occupational therapy
- Podiatry

Support at home

- Home maintenance
- Transition care
- · Domestic assistance

Day Respite

Tailored to individual needs



8177 3200 alwyndor.org.au

CONTACT US



Brighton Civic Centre opening hours

8.30am - 5pm Monday to Friday (excluding public holidays) 24 Jetty Road, Brighton

All enquiries (including after hours):

Brighton Civic Centre 8229 9999

Brighton Library 8229 9988

Glenelg Library 8179 9555

Bay Discovery Centre 8179 9599

Holdfast Bay History Centre 8229 9999

holdfast.sa.gov.au yourholdfast.com **Email**

mail@holdfast.sa.gov.au

By post

All post should be sent to:

Name of Contact Officer/ Department City of Holdfast Bay PO Box 19 BRIGHTON SA 5048

Social Media

f / CityofHoldfastBay

Alwyndor 8177 3200 customercare@alwyndor.org.au 52 Dunrobin Road,

My Holdfast app

HOVE SA 5048

Available for free from the App store for iPhones or the Google Play store for Android phones.