



## INSIDE

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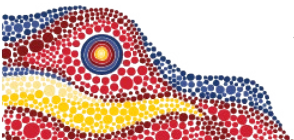
**Follow the coastal ice cream trail**

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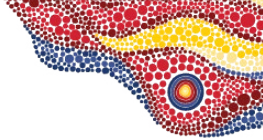
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**Seniors for Seniors a first for Holdfast Bay**

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The City of Holdfast Bay sits proudly on Kurna land and we respect the continual cultural connection, heritage and beliefs that remain important to Kurna people today.





# MAYOR'S MESSAGE

A new year brings new opportunities for change and growth or to start afresh.

And this is very true for our recent high school seniors who are now facing their first year in the big, wide world, beyond the school gates.

But we're lucky to have so many wise and wonderful seniors in our community – people who have had many decades of life experiences – who have shared their tips for success and happiness via a video called Seniors for Seniors.

This unique intergenerational project came about late last year and was inspired by the ABC program, Old People's Home for

Teenagers. It has already sparked much interest and discussion in the community – and for good reason.

There are life lessons for us all in the messages conveyed in the video, including more than a dozen by our more senior members of the community and residents at Alwyndor.

A big thank you to everyone who volunteered to be part of this important project and I hope it offers inspiration to the senior students it was intended for.

Read more about Seniors for Seniors on page 9.

I'm sure you'll find it as heart-warming as I did.



Wishing all our Holdfast Bay residents, businesses and visitors a happy and prosperous 2023.

**Amanda Wilson**  
Mayor, City of Holdfast Bay

## Are you part of the YourHoldfast community?



YourHoldfast is our online community engagement website that gives you the chance to share your views and provide feedback on major projects or council initiatives – and the best part is that you can share your view at any time of day or night.

By sharing your view with us, you are actively participating in Council's decision-making process and helping us to shape the future of the City of Holdfast Bay.

The YourHoldfast project pages also allow you to follow along

- and track a major project as it progresses, from the concept plans to completion.
- Among the latest projects featured on YourHoldfast are:
- CCTV Upgrade – Glenelg
  - Dover Square Tennis Club
  - Former Buffalo Site
  - Glenelg Oval
  - Jetty Road Masterplan
  - Seacliff Amenities Building and Beach Access Redevelopment
  - Sturt River Linear Park Pathway
  - Kingston Park Kiosk (concept image below)

While you can provide your feedback to us in person, on the phone or via mail, you can also be part of the online community at YourHoldfast. All you need is an email address.

To be the first to hear about upcoming community engagements or council initiatives, register at [yourholdfast.com](http://yourholdfast.com) or scan the QR code.



# NEWS



## GLENELG'S NEW AND IMPROVED CCTV NETWORK

The CCTV network which covers Glenelg – from the Esplanade and Foreshore to the retail precinct of Jetty Road, has been improved and expanded in a recent network upgrade.

Almost half the existing cameras were replaced with new hardware and another 38 cameras added to the network, taking the number to almost 80 cameras in total.

New cameras were added to five locations along Jetty

Road, as well as in Bouchee Walk and Chapel Plaza.

The remaining cameras will be installed along the Glenelg Foreshore from the Broadway Kiosk and including Brian Nadilo Reserve, Chappell Drive and to the Glenelg breakwater.

The new locations were selected in consultation with SA Police and Surf Life Saving representatives. Funding was received by the Federal Government's Local Roads and Community Infrastructure Program.

## Carbon neutral goal set for 2030

A target has been set by Council to become a carbon neutral organisation by 2030. Among the six key actions includes zero emissions vehicles like electric cars.

Council has already changed 75% of street lights to energy efficient LEDs with purchasing 100% renewable energy also on the agenda.

## Join HoldUp Youth and have a say

Applications are open to join the HoldUp Youth Committee in 2023.

Help inform Council on all issues that affect youth; have your voice heard, create fun events and learn new skills.

If you're aged between 12 – 25 and live, study or spend your time in Holdfast Bay, consider applying.



## NATIONAL AWARD FOR LOCAL RECYCLING

Our multi-million dollar recycling facility, which processes household recyclables, has been recognised with a national award for waste innovation.

The Southern Material Recycling Facility (SMRF) won the Outstanding Facility Award at the Waste

Innovation and Recycling Awards after just a year in operation. The SMRF is home to world-leading advanced screening and sorting technologies for paper, cardboard, plastics, metals and glass.

**Go to page 6 for tips to recycle right.**



Sign-up to our free e-newsletter to stay up-to-date and informed.

[holdfast.sa.gov.au/holdfastnews](http://holdfast.sa.gov.au/holdfastnews)





## WHAT'S ON

For the latest events go to [holdfast.sa.gov.au/whatson](https://holdfast.sa.gov.au/whatson) or scan the QR code with your phone or tablet.



### PLAY AT THE BAY

Now until 25 January 2023

### MIX 102.3 GIANT WHEEL

Now until April 2023  
Moseley Square, Glenelg

### MOSELEY BEACH CLUB

Now until 2 April 2023  
Glenelg Beach

### AUSTRALIA DAY

26 January 2023  
Glenelg Foreshore

### BRIGHTON JETTY SCULPTURES

Now until 29 January 2023  
Bindarra Reserve & Esplanade Brighton

### BRIGHTON JETTY CLASSIC & MARILYN SWIM

5 February 2023  
Brighton Beach

### FORESHORE FRIDAYS

10 February 2023  
Glenelg Foreshore

### GLENELG SUNSET MARKETS

February & March 2023  
Moseley Square, Glenelg

### FRINGE AT PARTRIDGE

3 March 2023  
38 Partridge Street, Glenelg

### BRIGHTON STREET PARTY

1 April 2023  
Jetty Road, Brighton



## BAY DISCOVERY CENTRE EXHIBITIONS

### Summer Fun for Everyone Now until 31 March 2023

David Archer presents his amazing interactive artworks, inspired by Victorian and Edwardian travelling sideshows. Peer in wonder into one of his hand-cranked dioramas or have your photo taken through the incredible "Lens of Truth".



Bay Sheffield - Presented by SA Athletics League  
Celebrating 136 years of Bay Sheffield.



### Glenelg Town Hall

Moseley Square  
Open 10am – 4pm daily  
Entry via gold coin donation.

[holdfast.sa.gov.au/BDC](https://holdfast.sa.gov.au/BDC)

## THINGS TO DO

We brought you the best coffee spots along the coast to enjoy in winter. So now that it's summer, it only seems right that we bring you a list of the best places to grab a cold treat - be it ice cream, gelati, sorbet or frozen yoghurt.

As we are home to Adelaide's best beaches, there is no shortage of ice cream parlours that every member of the family can enjoy - including our four-legged friends.



## OUR COASTAL ICE CREAM TRAIL

### Royal Copenhagen, Glenelg

Recently re-opened in a new location on Jetty Road, Glenelg, Copenhagen is a local favourite which is known for its delicious scoops and free toppings.

### Cold Rock Ice Creamery, Glenelg

If you're into personalised ice creams, Cold Rock is the place for you. Pick your favourite flavours and mix-ins and watch as your favorite combo gets mixed in front of you!

### Gelatissimo, Glenelg

With 32 flavours to choose from, Gelatissimo has something for everyone - including the four-legged family members who can enjoy a vegan gelato which is puppy-friendly.

### Bottega Gelateria, Glenelg

Bottega Gelateria is a hit with gelato enthusiasts, offering handcrafted, artisan gelato and experimental flavour combinations.

### Yo-Chi, Glenelg

It's DIY at Yo-Chi. Create your own combinations with self-serve frozen yoghurt and an endless row of toppings.

### Waffle King, Glenelg

Take your ice cream to the next level at Waffle King! Try a waffle bowl or ice cream waffle sandwich... you won't be disappointed!

### St Louis, Brighton

Opening late last year, St Louis offers an array of ice creams and crafted European desserts, including tarts, gelato bars and churros.

### Royal Copenhagen, Brighton

Made fresh every day, Royal Copenhagen is the spot to grab an ice cream before a stroll along the beach or jetty - or consider an ice cream cookie sandwich to go!

### Want more?

Here are some more places to visit as part of our coastal ice cream trail.

- Bracegirdle's, Glenelg
- Le Paris Plage, Glenelg South
- Broadway Kiosk, Glenelg South
- The Kiosk Somerton Beach, Somerton Park
- C.R.E.A.M, Brighton
- The Seacliff Hotel, Seacliff



## RECYCLE RIGHT

### NEW TIPS FOR RECYCLING PLASTIC LIDS

Recycling plastic bottle lids is easier than ever – just leave them on empty plastic containers including milk bottles and laundry detergent bottles and put them into your yellow-lid recycling bin.

The new instruction for recycling lids is a direct request from the operators of our recycling facility who have asked that plastic bottles are not filled with small lids as has been done previously.

This change is to assist the sorting machines which use ultraviolet, infrared and visible light detection to separate the plastic bottles, including soft drink bottles to plastic milk containers.

This is followed by an air jet which blasts the object into its designated sorting bin.

If the bottles are full of lids, they are too heavy to be properly separated.



If plastic lids are larger than 5cm, such as the lid on peanut butter containers, they can go into your recycling bin loose.

Metal lids, including beer bottle tops, can be placed loose into the recycling bin, they are picked up by magnets at the recycling plant.

Please be aware that these instructions are for City of Holdfast Bay, City of Marion and City of Onkaparinga residents whose household recyclables are processed at the Southern Material Recycling Facility.

[holdfast.sa.gov.au/recycling](http://holdfast.sa.gov.au/recycling)

### Get the most out of your household bins

Weekly FOGO is here. That means our default waste collection service sees green-lid FOGO (Food Organics Garden Organics) bins collected weekly, unless a household has opted-out.

Red-lid landfill bins are collected fortnightly as are yellow-lid recycling bins.

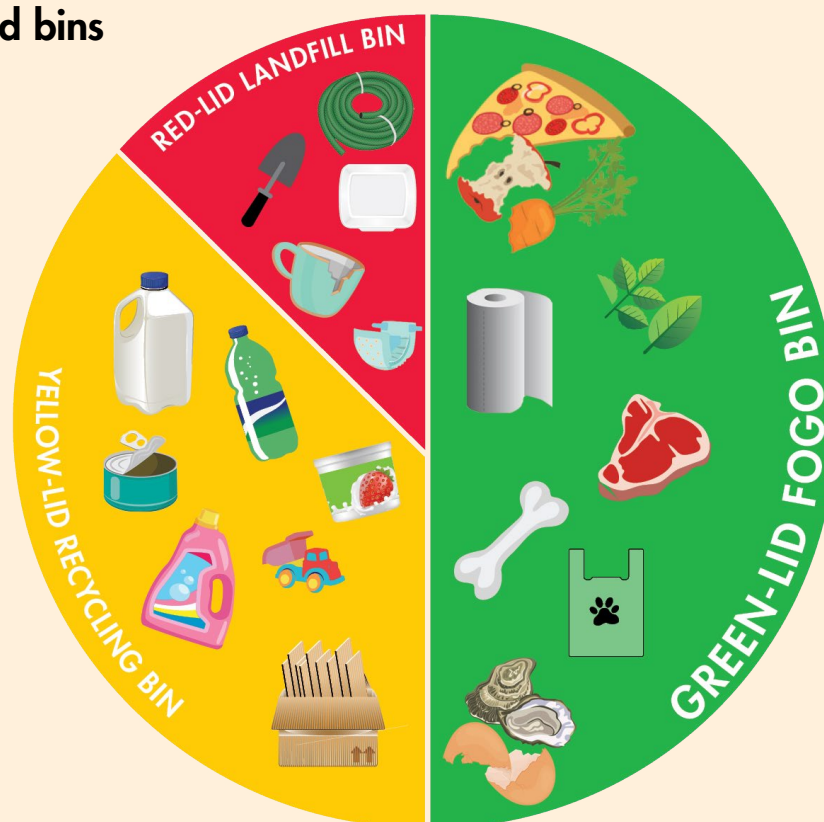
Bins can be collected anytime between 7am – 7pm on your area's designated day.

If your bin is missed, please phone our waste contractor Solo on 8295 5077.

To get notified of your bin collection day, download the free My Holdfast mobile phone app.

It will send a weekly reminder to your phone and lets you know which bins to put out each week.

Apple users can download it via the App store. Android users can download it via the Google Play Store. Enter "My Holdfast" into the search bar, then simply download and use.



Go to [holdfastfogo.com](http://holdfastfogo.com) to learn more.

## OPEN SPACES

It is a unique addition to banks of the Patawalonga at Glenelg North and the recently constructed herb spiral garden bed has already become a talking point for the community.

And for good reason. Its creators, Tom Crowley and Dave Ryan of our Open Spaces team, believe this to be the only herb spiral built in a public place in South Australia.



### GROWING HERBS...and conversations



"They're quite rare in the world but it's all about making the most of a small amount of space by having different levels, and by making the most of water and the way it flows," said Tom (pictured above right) who was inspired to build the spiral herb garden after undertaking a permaculture course.

"The herb spiral is a really good example of permaculture techniques."

At the top of the spiral are herbs that require little water, including rosemary and thyme.

At the base of the spiral are herbs like chives, chamomile and mint, which like more moisture.

Using wood from a dead street tree that had to be removed, along with other recycled timber and rope, the pair constructed the spiral on site in a couple of hours – after several test runs off-site.

The project has already proven to be beneficial in multiple ways – not only in demonstrating how to transform a small, bare patch of land into something useful.

"We had a really good reaction at the time of building and whenever we do maintenance around here, people always come up to us and ask us about it," said Dave.

"One lady made a comment that she often walks her dog around here by herself, and one day she stopped to look at the spiral when someone else came over and started talking about it.

"Because of what we had told her about it, she passed it onto the next person.

"It sparked a conversation that she otherwise may not have had ... so that was really great."

The herb spiral can be found on the eastern side of the Patawalonga on Adelphi Terrace, near Newhaven Avenue.



Scan the QR code to see how the herb spiral came to life.







Sisters Ella and Mary are not only both Holdfast Bay locals, they're also active in the community as volunteers.

Mary, pictured above right, began volunteering more than five years ago and is now a regular face at the Brighton Civic Centre as the JP concierge. But her volunteering journey started at Alwyndor, as a support person for residents living with dementia.

"I was asked to go and work at Alwyndor because my background was in nursing in dementia care. I would visit the residents and have a conversation with them for an hour or so and it was quite beneficial

for them," said Mary who hopes to return to Alwyndor as COVID restrictions ease.

Ella also volunteered at Alwyndor in administration support when she joined Holdfast Bay's team of volunteers in 2018.

"Volunteering makes me feel productive and that I'm able to assist people that have a need," she said.

Both Mary and Ella encouraged others to give volunteering a go.

"We're treated nicely and you're helping other people, so why not give it a go," Mary said.

Ella added: "It's a great way to feel engaged with the community".

## Volunteer and join a special group of people

What do more than 300 people who live in our community have in common?

They're all dedicated volunteers who together, spend more than 3,700 hours each month serving the Holdfast Bay community – be it on the Community Bus, as personal transport drivers, as Holdfast Habitat Heroes or sharing their knowledge at the Bay Discovery Centre.

Volunteering is crucial to many of Council's services and covers a wide range of areas including community wellbeing, art and history, Justice of the Peace and the environment.



The Holdfast Habitat Heroes are the environmental volunteers who work weekly across many sites including the Brighton to Seacliff dunes, Glenelg dunes, Gilbertson, Pine and Barton gullies and the Kingston Cliff Face.

To find out how to get involved, scan the QR code or visit [holdfast.sa.gov.au/volunteer](http://holdfast.sa.gov.au/volunteer)



## SENIORS SHARE THEIR WISDOM WITH HIGH SCHOOL SENIORS

In a first for Holdfast Bay, more than 30 'senior' members of the community have shared their life experiences, wisdom and tips for success with high school 'seniors', via a video titled Seniors for Seniors.

The intergenerational community project was inspired by the ABC program Old People's Home for Teenagers and features 35 Holdfast Bay seniors from all walks of life, including residents from Alwyndor.

"It's so good to be able to contribute anything that will help a young person in life," said Valerie Boas, aged 80, who volunteered to be part of the video.

Her tips for life centred around nurturing personal relationships.



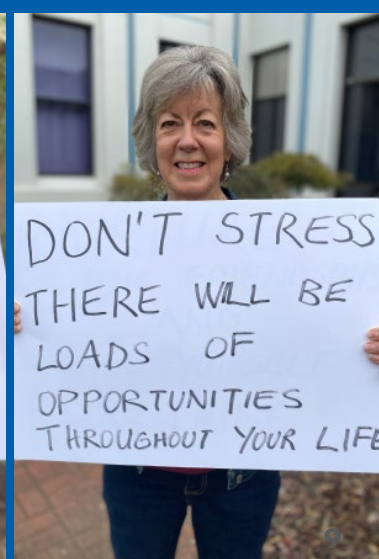
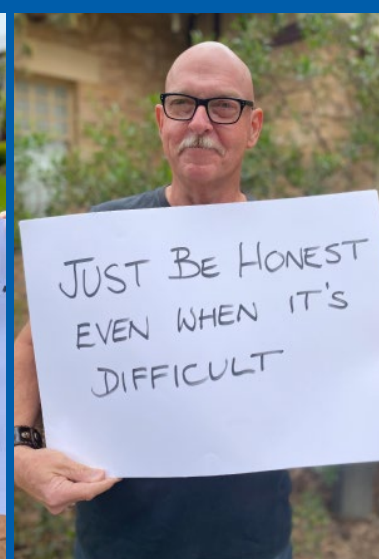
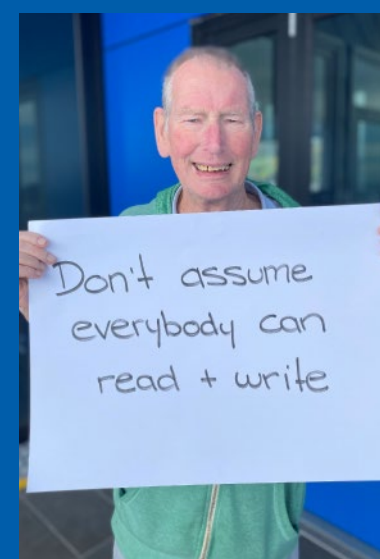
"The success you have in your relationships is paramount and creates the balance in your life and so is worth investing in," she said

Retired doctor Jenny Cameron, aged 65, encouraged high school graduates to "build a tribe of people that you can call on".

"People in year 12 have the whole of their lives ahead of them and even though things are topsy turvy (with the current climate and COVID), the world is still a beautiful place," she said.

The Seniors for Seniors video was shared with last year's year 12 graduates at both Brighton Secondary School and Sacred Heart College and on Council's website and social media channels.

Scan the QR code to watch the video





## CITY ASSETS



## Simple innovation puts run-off water to good use

If you see a council water truck filling up on Wilton Avenue at Somerton Park, it's actually doing two jobs at once.

Not only will the 9000 litres of water it takes on be used to water the city's street trees, but any run-off water is also diverted towards a row of jacaranda trees... thanks to the installation of two TreeNet inlets in the kerb.

So instead of water pooling in the gutter and going to waste, those trees get a drink too!

Council has two water trucks that hit the streets of Holdfast Bay five days a week from October to March each year.

Between them, they water around 2400 street trees which are newly planted or up to four years old.

Each tree gets a big drink about every eight days, but residents can help look after their nearest street trees by giving them extra water particularly on hot days.

### What are TreeNet Inlets?

TreeNet Inlets are small, unobtrusive stainless steel grates which are installed into the side of the kerb to collect rainwater.

The grate is connected to an underground water collection pit. Council has installed more than 250 TreeNet Inlets across the city.

### What are the benefits of installing TreeNet Inlets?

TreeNet Inlets are strategically placed in low lying areas to reduce long-term stormwater ponding.

Instead of water ponding on the kerb or in the road, it gets diverted into the ground to water our trees and replenish the aquifer.



### Keeping our street trees healthy

By diverting rainwater into the ground, the street trees will have access to a passive source of irrigation. Over time, the tree roots will find this favourable source of water and become more resilient and healthy.

### Providing additional environmental benefits

Healthier street trees not only make for a cooler urban environment, they also have flow-on effects including providing more oxygen, protecting us from harmful ultra violet rays, increasing property values and improving our wellbeing.

By diverting rainwater to the trees, it also reduces the amount of stormwater that would otherwise flow out to sea.

### What can you do to help the TreeNet Inlets?

In summer, you can help our street trees by regularly filling the TreeNet Inlet collection pit with a bucket of water.

In winter, an occasional light sweep across the grate will unclog the exterior of the inlet of any leaves or debris which may build up over time. Council's maintenance team will also undertake regular street sweeping to keep the gutters clear.

## BEACH SAFETY

Scan the QR code for beach safety videos, produced by Surf Life Saving SA.



Did you know that throughout summer, Glenelg Beach is patrolled by lifeguards seven days a week?

Professional lifeguards patrol the beach from Monday to Friday, 12noon until 6pm, from December to March. Volunteer lifesavers, including Ella Borlase and Liam O'Shaughnessy from Glenelg Surf Life Saving Club, cover weekends and public holidays.

Beachgoers should swim between the red and yellow flags and follow advice of lifeguards or volunteer lifesavers.

Swimmers should never swim alone, or under the influence of alcohol or drugs.

Stay calm if you get in trouble in the water and signal for help by holding up one arm and waving, float and wait for assistance.

### Top 5 water safety tips when at the beach

1. Swim at a patrolled beach.
2. Stay between the red and yellow flags.
3. Always watch children on the beach and in or near the water.
4. Avoid dangerous activities such as jetty jumping or venturing near the breakwater rocks.
5. Be sun smart – slip, slop, slap, seek, slide.

## ELECTED MEMBERS



**Mayor Amanda Wilson**  
0423 545 242  
awilson@holdfast.sa.gov.au

### BRIGHTON WARD



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### GLENELG WARD



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### SEACLIFF WARD



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### SOMERTON WARD



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**Cr. John Smedley**  
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Supporting Adelaide's southern metro community to live healthy, engaged and fulfilled lives.

## Therapy & Wellness

- Physiotherapy
- Group classes
- Occupational therapy
- Podiatry

## Support at home

- Home maintenance
- Transition care
- Domestic assistance

## Day Respite

- Tailored to individual needs



8177 3200  
alwyndor.org.au

## CONTACT US



### Brighton Civic Centre opening hours

8.30am - 5pm Monday to Friday (excluding public holidays)  
24 Jetty Road, Brighton

All enquiries (including after hours):

**Brighton Civic Centre**  
8229 9999

**Brighton Library**  
8229 9988

**Glenelg Library**  
8179 9555

**Bay Discovery Centre**  
8179 9599

**Holdfast Bay History Centre**  
8229 9999


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 **My Holdfast app**  
Available for free from the App store for iPhones or the Google Play store for Android phones.