

Brighton local Vicki, and her dogs Rose and Rufus, take a stroll along Brighton beach. Go to page 8 for information for dog owners and meet more Holdfast Hounds.

## INSIDE

Page 4-5

**Enjoy Brighton as the world watches on**

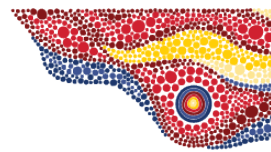
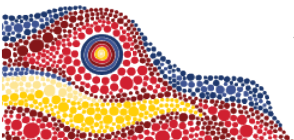
---

Page 10-11

**Meet the person preserving our history**

---

The City of Holdfast Bay sits proudly on Kurna land and we respect the continual cultural connection, heritage and beliefs that remain important to Kurna people today.





## YOUTH



## FROM SCHOOL FOOTY TO THE STATE TEAM

Sophie Thomas was still in primary school when she was first introduced to footy.

Fast forward to 2022, and the year 10 Sacred Heart College student was part of the under 15 state team which competed at the Australian Football Championships in July this year.

Due to COVID, the players had to make their own travel arrangements to Albury in NSW and pay for their own accommodation.

Luckily, Sophie was awarded Youth Achievement Sponsorship, which the City of Holdfast Bay offers in recognition of young people in the community.

The \$125 grant covered her accommodation costs, allowing Sophie to focus on the game.

"I was rapt – I couldn't believe it and it was such a great honour to be part of the team," said Sophie.

"We came second just losing to Queensland in the end."

Sophie's mum Jo first heard about the sponsorship program via word-of-mouth.

"We are incredibly grateful to the City of Holdfast Bay for their sponsorship in helping Sophie to attend the national championships," Jo said.

"It was such a wonderful opportunity for her to compete against the best football players in the country and make lifelong friends along the way."

Sophie hopes that being selected in the final 25 – from more than 100 players who tried out – will open up even more opportunities. And her ultimate goal is the AFLW.

"I was lucky enough to be part of the Crows Academy squad in January and this gave me a taste of what an amazing club it is and to be a part of, if I had the opportunity," Sophie said.

"And there are now more opportunities and pathways for players like myself and younger players as well."

## NEWS

# Sea to Shore

## GLENELG SEAFOOD FESTIVAL

Glenelg will showcase some of South Australia's finest seafood with top producers and chefs on Saturday 29 October 2022 from 11am at the Glenelg Seafood Festival.

Indulge in delicious, curated seafood dishes and South Australian wine and gin right on the foreshore.

Spend the evening watching the sunset on Jetty Road as the restaurants and businesses take over the street with amazing food and drink, music and more, all creating an atmosphere to enjoy with friends.

[seatoshore.com.au](https://seatoshore.com.au)

The Glenelg Christmas Pageant is returning to Jetty Road on Sunday 27 November 2022.

Families will line the street to wave along our fantastic floats, marching bands, dancers, performers, community groups and local businesses.

The last time we held a Christmas Pageant was in 2019.

Stay tuned for more details including how you can meet Santa after the pageant, which starts at 10.30am.

[holdfast.sa.gov.au/whatson](https://holdfast.sa.gov.au/whatson)



## WEEKLY FOGO ALREADY REAPING REWARDS



The switch to weekly green-lid FOGO bin collections has been embraced by more than 14,000 households since the new service kicked off in July.

Monday, Tuesday and Wednesday zones are already achieving more than a 69% landfill

diversion rate, with food scraps that would have previously gone to landfill now being recycled into compost.

Households can apply for an upsized landfill or recycling bin.

Visit [holdfastfogo.com](https://holdfastfogo.com)

## Sponsorship applicants need to be:

- A resident of the City of Holdfast Bay
- Aged 21 or under
- Representing South Australia or Australia



See all the eligibility criteria at [holdfast.sa.gov.au/grants](https://holdfast.sa.gov.au/grants) or scan the QR code.

## ADVOCATE FOR HOLDFAST BAY'S YOUNG PEOPLE

Holdfast Bay's youth committee, HoldUp, is looking for new members who are passionate, community-minded young people aged between 12 and 25.

If you live, work, study or spend time in the Holdfast Bay council area, go to [holdfast.sa.gov.au/youth](https://holdfast.sa.gov.au/youth)



## MAKE YOUR VOTE COUNT

If you are registered to vote in the upcoming council elections, ballot papers will be delivered soon.

Voting is done by post and ballot papers must be returned by 5pm, Thursday 10 November 2022. Counting will take place on Saturday 12 November.



[holdfast.sa.gov.au/elections](https://holdfast.sa.gov.au/elections)



Sign-up to our free e-newsletter to stay up-to-date and informed.

[holdfast.sa.gov.au/holdfastnews](https://holdfast.sa.gov.au/holdfastnews)





## TOUR DOWN UNDER



### BEST VANTAGE POINTS

- Brighton Jetty and Esplanade near the Arch of Remembrance
- Angus Neill Reserve, Seacliff
- Pirate Cat Café or Seacliff Beach Hotel
- Wheatland Street Reserve, corner of Kauri Parade



## ENJOY BRIGHTON AS THE WORLD WATCHES ON Stage 2 Santos Tour Down Under Thursday 19 January 2023

For the first time, Brighton will host a stage start of the Santos Tour Down Under in 2023.

The elite cycling event, which draws participants and visitors from all around the world, is back after a two-year hiatus due to COVID, with

Brighton chosen to host stage 2 of the race on Thursday 19 January.

The riders will gather at 11am on Jetty Road, before heading south along the Esplanade. They'll make a left-hand turn at Wheatland Street and will turn right onto Brighton

Road, bound for Victor Harbor.

"We are thrilled Brighton is hosting its first Santos Tour Down Under stage start," said Santos Tour Down Under race director Stuart O'Grady.

"At 155.9km this is the longest of the Santos Tour Down Under's five road

stages. It's set to be pivotal."

The Santos Tour Down Under is taking place in Adelaide and regional South Australia from 13-22 January 2023.

[holdfast.sa.gov.au/whatson](https://holdfast.sa.gov.au/whatson)

## THERE'S MORE THAN JUST CYCLING

If you're not into cycling, you'll still be able to enjoy what's on offer at Brighton – namely in the form of South Australia's biggest sculpture exhibition.

The 2023 Brighton Jetty Sculptures exhibition will be held at Brighton from 18-29 January 2023.

The artworks will line the Esplanade with more sculptures on display in a marquee at Bindarra Reserve and inside the Brighton Surf Life Saving Club.

The first exhibition was held in 2008 with just 34 sculptures. The 2022 event saw a record 250 entries.



## REFUEL ALONG THE ROUTE

Cyclists and coffee go hand-in-hand but you also need fuel in the form of food if you're going to enjoy the day, and night, at Brighton and beyond.

Here's some ideas to whet your appetite.

- Alimentary Eatery, Brighton
- C.R.E.A.M, Brighton
- Café Brio, South Brighton
- The Golden Cup, Brighton
- The Garden Cafe Gallery Events, Seacliff
- The Good Tiger, Brighton
- Mr Le's Vietnamese Food, Brighton
- Bake Bakery, Seacliff Park



## GLENELG TO HOST WOMEN'S STAGE START



Glenelg will feature as a stage start for the women in the 2023 Santos Tour Down Under – the first ever UCI Women's WorldTour stage race in the southern hemisphere.

The cyclists will converge on Colley Terrace on

Sunday 15 January 2023 for Stage 1 at 11am.

They will travel along Jetty Road before turning right onto Brighton Road. From there, the riders will tackle the 110km route, which finishes in Aldinga.





## Did you know...

Council gave away 990 native plants this year at two separate community events to a total of 99 residents.

## WHAT'S YOUR FAVOURITE TREE?

Our Tree of the Month social media campaign highlights much-loved trees across Holdfast Bay that have been nominated by members of the public.

Since April 2021, we've highlighted 18 different trees across the city – each of which were adorned

with a blue sash for the month it was nominated.

Among the trees featured have been significant River Red Gums, a Norfolk Island pine, a Honey Locut tree at Alwyndor, a Hill's weeping fig and a small grove of New Zealand Christmas trees in Glenelg.

## MAKING COOL ROOFS COOL

Did you know that you could reduce your energy bills, help keep your neighbourhood cool and reduce air pollution and greenhouse gas emissions, just by changing the colour of your roof?

Council offers a small Green Living subsidy of up to \$100 towards the installation of a cool roof or to change the colour of an existing roof from dark to light.

Cool roofs are generally lighter in colour, which helps to reflect more heat and absorb less solar energy.

During Adelaide's hot summers, cool, heat-reflective roofs are estimated to reflect up to 70% more of the summer heat than a dark roof, which only reflects about 20-30% of heat. The rest of the heat is absorbed into the living spaces of the building.

A heat-reflective roof can be up to 28°C cooler during a heat wave, which leads to a cooler house overall, less energy being used to cool the house and therefore a reduced energy bill.

Not to mention a reduction in air pollution and greenhouse gas emissions.

A cool roof can be installed on any building or retrofitted.

There are also specialist paints for cool roofs that have the technology to maximise heat reflection and can be applied after installation.

Read more about the benefits of cool roofs and see the full list of Green Living subsidies that are available to help our community live a greener lifestyle.

[holdfast.sa.gov.au/greenliving](http://holdfast.sa.gov.au/greenliving)



## ADOPT-A-TREE APPLICATIONS NOW OPEN

All Holdfast Bay residents can register to adopt-a-tree. Apply for a tree to be planted on your verge and in return, all you need to do is water it. There are 100 trees available and they will be issued on a first-come, first-served basis. Registrations close in December.

[holdfast.sa.gov.au/trees](http://holdfast.sa.gov.au/trees) or scan the QR code



## EXTRA TREES AND NATIVE PLANTS HELP MAKE HOLDFAST BAY GREENER

If you notice our nature reserves and gullies are looking greener, you would be right. This year, more than 4,300 native plants have been added to the nature reserves – more than half of which were planted by the Holdfast Habitat Heroes volunteers.

Winter was also busy for tree planting across Holdfast Bay, with more than 400 trees now in the ground. Seacliff received more than a third of the planned plantings with support from two grants received from Green Adelaide.

Most of the trees planted are Lagerstroemia, which are more commonly known as crepe myrtles. However there are 32 differing species of trees, which will ensure diversity and resilience for the next generation of trees across Holdfast Bay.

The roundabout on King George Avenue is now home to an Angophora costata, which is commonly known as Sydney red gum, pictured on right.





## HOLDFAST HOUNDS



**MEET THE HOLDFAST HOUNDS**, including Sparkie the Shetland sheepdog, who have been helping us share tips for responsible dog ownership on our social media pages each month.

If you'd like to submit your dog to be our next Holdfast Hound, message us on Facebook or Instagram.

@cityofholdfastbay @holdfastbay

Getting out into the great outdoors is not only enjoyed by people – but by our pet pooches too!

If you are a registered dog owner in Holdfast Bay, you are in good company.

There are more than 5600 registered dogs, including our furry friends featured on this page.

Here are some tips and reminders about council by-laws that are in place so everyone can enjoy the wonderful places we have to walk our dogs across Holdfast Bay.

### DOGS NEED TO BE ON A LEASH

- On the beach during daylight saving hours from 10am-8pm.
- On all footpaths at all times.
- In signposted Hooded Plover areas at all times.

Legislation requires a leash to not exceed 2m in length.

### EFFECTIVE CONTROL

- You should have effective control of your dog by voice command when the dog is unleashed, so that they return when called.

### HARASSMENT

- A dog must not harass another person, animal or bird.



## ALWYNDOR

### A TOUCH OF MAGIC FOR MEMORY SUPPORT

Described as a 'magic table' the Tovertafel offers light and colour-based sensory activities for people with cognitive challenges – and now, one resides permanently at Alwyndor, which is our aged care service provider based at Hove.

The Tovertafel projector was installed in August and is being used by the Memory Support residents and Day Respite clients. It is coordinated by Alwyndor's lifestyle and occupational therapy teams and supported by our therapy assistants.

The Tovertafel games are designed to develop and maintain skills of those people using it, in an engaging way.

It can be used by anyone, but it is particularly beneficial for people living with cognitive challenges including dementia and Alzheimer's disease.

Alwyndor launched a fundraising campaign to purchase the device – and a generous donation of \$8,000 by one of Alwyndor's visitors, helped achieve the fundraising target of \$20,000.

The Memory Support Group is suitable for people with a diagnosis of mild to moderate dementia and activities include Tovertafel games, shared morning teas and seated exercises.

The class is held every Tuesday at Alwyndor from 10am – 12 noon.



### EXERCISE IN FRESH AIR AND A BEAUTIFUL GARDEN SETTING

Wellness classes are now being offered on the newly-installed outdoor gym. The five-station gym can be used for balance, strength and cardio exercises and will be incorporated into the wellness classes timetable.

The gym is surrounded by lots of colourful garden beds, with

a large sail providing shade and weather protection.

An initial physiotherapy assessment is required before joining a group wellness class.

Classes are held on:

- Monday 1.15pm
- Wednesday 9.15am
- Thursday 9.15am

## PICK UP AFTER YOUR PET POOCH

While you're out walking your four-legged friends, did you know that under our by-laws, it's a requirement to have a suitable receptacle to pick up after your dog?

But if you forget your bags, we provide free dog poo

bags from 39 dispensers located right across the city – 19 of which are along the coast path.

The bags are also compostable which means they can go into your green-lid FOGO bins at home.

### COME AND TRY WELLNESS CLASSES FOR FREE

Alwyndor offers a free trial to group wellness classes, so you can come and try before attending regularly. Private health subsidies can be used on selected classes:

- Core Fit
- Tai Chi
- Strength
- Balance
- Yoga
- Weights

Alwyndor

**8177 3200**  
52 Dunrobin Road Hove

For more information please visit [alwyndor.org.au](http://alwyndor.org.au) or scan the QR code





## EXHIBITIONS ON NOW

### On the Beach

Discover South Australia's love affair with the ocean from swimwear to treasure.

### Bathing Box #20

From Seacliff to Glenelg, bathing boxes once lined our shores, offering people shelter and privacy. Step into Bathing Box #20 and reminisce over a bygone era.

### Violet Rowe swimwear collection

See the evolution of bathing costumes, from woollen bathers to string bikinis.



### Diving into the past

Discover the stories behind objects salvaged from under the jetty's pylons. Who is the girl named Lucy and how did she lose her ring?

### Amusements by the sea

Who remembers Magic Mountain? Did you know that Luna Park, Sydney's famous landmark, once graced Glenelg's shores? Step back in time to a world of wonder and magic.

Scan the QR code to learn more about the Bay Discovery Centre.



## MEET THE HOLDFAST HERO PRESERVING OUR HISTORY

Over the past two decades, Jim Blake has spent about 10,000 hours at the Holdfast Bay History Centre – ensuring the community has access to the area's history.

His volunteer work in preserving Holdfast Bay's history culminated in the 2010 publication of *Sea Change* – a pictorial history of the City of Holdfast Bay.

Jim spent hours researching, photographing, and writing the book which tells the story of the changing face of Holdfast Bay since European settlement in 1836.

A second edition of the book will be published by the end of the year with many more pages and photos added.

"I always thought we'd reprint in 25 years or so but there's been a significant number of changes in just the past 10 years," Jim said. The book includes photos from the late 1800s and drawings by John Skipper. He was an artist who arrived on the *Africaine*, the first passenger vessel to anchor in Holdfast Bay in 1836.

"I've been heartened by the number of people who have become interested in



the history of Holdfast Bay as a result of the book – that's the thing that I've got most out of volunteering," 83-year-old Jim said.

Jim, who grew up near Glenelg North, began researching his own family history not long after the History Centre opened in 2000.

"In the early days we spent a lot of time trying to preserve the collection and now we're more about trying to make it accessible," said Jim, who has called Brighton home for almost 30 years.

In 2010, Jim led a group of volunteers who dismantled and reassembled a historic beach bathing box.

Bathing boxes were once a common sight at Glenelg, Brighton and Seacliff but many were destroyed in the 1953 storm. Bathing Box #20, which is now on the ground floor of the Bay Discovery Centre, had sat in a Burnside backyard and was used as a cubby house.

"It was an interesting project and whenever I go down (to the Bay Discovery Centre), I often see people who are really fascinated by it or had no idea that (bathing boxes) existed on our beaches," Jim said.

Bay Discovery Centre  
Glenelg Town Hall,  
Moseley Square  
Open 10am – 4pm daily  
Entry via gold coin donation

[holdfast.sa.gov.au/BDC](http://holdfast.sa.gov.au/BDC)



## UPCOMING EXHIBITIONS

### Living Memory National Photographic Portrait Prize 29 October – 11 December 2022

This exhibition will feature works from a national field of entries, reflecting the distinctive vision of Australia's aspiring and professional portrait photographers. This edition of the prize incorporates a year like no other: 2020. A National Portrait Gallery travelling exhibition.



### Summer Fun for Everyone 22 December 2022 – 31 March 2023

David Archer presents his amazing interactive artworks, inspired by Victorian and Edwardian travelling sideshows. Peer in wonder into one of his hand cranked dioramas or have your photo taken through the incredible "Lens of Truth".





# STAY-CATION



[brightonholidaypark.com.au](http://brightonholidaypark.com.au)



## CONTACT US



### Brighton Civic Centre opening hours

8.30am - 5pm Monday to Friday (excluding public holidays)  
24 Jetty Road, Brighton

All enquiries (including after hours):

**Brighton Civic Centre**  
8229 9999

**Brighton Library**  
8229 9988

**Glenelg Library**  
8179 9555

**Bay Discovery Centre**  
8179 9599

**Holdfast Bay History Centre**  
8229 9999

[holdfast.sa.gov.au](http://holdfast.sa.gov.au)  
[yourholdfast.com](http://yourholdfast.com)

**Email**  
[mail@holdfast.sa.gov.au](mailto:mail@holdfast.sa.gov.au)

**By post**  
All post should be sent to:

Name of Contact Officer/  
Department  
City of Holdfast Bay  
PO Box 19  
BRIGHTON SA 5048

### Social Media

 /CityofHoldfastBay  
  holdfastbay

**Alwyndor**  
8177 3200  
52 Dunrobin Road,  
HOVE SA 5048



**My Holdfast app**  
Available for free from the App  
store for iPhones or the Google  
Play store for Android phones.